

Mission Statement

Age Concern Albury Wodonga Inc. will enhance the independence, participation and lifestyle of people living within the community.

Age Concern Albury
Wodonga Inc.
Statement of Values

In everything Age Concern does, we will:

Respect the dignity and rights of others and value difference

Be an open, welcoming, sharing and accessible organization

Act with honesty and integrity

Be fair and equitable

Encourage teamwork and cooperation

Strive for continuous improvement and actively seek feedback about our performance

Volunteers

Volunteers play a big part in the operation of the Program. They work with the participants to engage them within the community and support their goals.

If you would like to assist, please

Contact the:

Phone: 6021 5122



Family & Community Services
Ageing, Disability & Home Care



Australian Government
Department of Health and Ageing

Supported by the Australian Government Department of Social Services. Visit the Department of Social Services website (www.dss.gov.au) for more information.

Although funding for Age Concern has been provided by the Australian Government, the material contained herein does not necessarily represent the view or policies of the Australian Government.



Age Concern
Learn to Live

Social Support

Home Visiting

Program

*Age Concern Albury Wodonga Inc
432 Townsend St,
Albury*

The Benefits of Social Support?

- ◆ To enable participants to manage their lives through their choices and priorities about how to spend their support time.
- ◆ For participants to have support to attend appointments that maintain or improve their health and /or wellbeing
- ◆ Alleviation of loneliness and isolation for participants living on their own by having companionship
- ◆ Active participation with in their community through the support of the community through it's members.
- A chance to escape the house and enjoy some company.

How does it work?

The Social Support Coordinator is advised of someone who would benefit from a visitor.

The Coordinator visits the person and, with the agreement of the participant, matches a visitor.

The visitor and the participant wanting a visitor are introduced by the coordinator. Both parties must feel comfortable with the other and feel they have enough in common for the visiting to be a long term commitment. The visitor calls weekly or fortnightly at a mutually suitable pre-arranged time for enable the person to conduct their shopping, attend an appointment or to provide some companionship.

The Coordinator maintains contact and support with the visitor and participant to ensure that both parties are satisfied and enjoying their contact.



Age Concern Albury Wodonga Inc.

Phone: 02 6021 5122

Fax: 02 6021 8626

E-mail: reception@ageconcern.org.au

How to be a part of it?

We would love for you to join us for lunch. Here's how:

For those **over 65yrs**—

Call 'My Aged Care' on
1800 200 422

and ask to be referred to Age Concern's Social Support Program. Our staff at Age Concern are happy to assist you with this process if you wish. Just call the office on **6021 5122**.

For those **under 65yrs**—

call the office and a staff member will arrange an appointment with you.

